

2010 NORTH DAKOTA HIGH SCHOOL COACHES CROSS COUNTRY POLL

36 Coaches Voted in this weeks poll

Date: September 1, 2010

Class B Girls:

Teams

- 1 Rugby
- 2 Velva
- 3 Grafton
- 4 Killdeer
- 5 Parshall

Individuals

- 1 Chandra Yankton (Rugby)
- 2 Taylor Palmer (Griggs County Central)
- 3 Kara Kuntz (Velva)
- 4 Sydney Kraft (Rugby)
- 5 Symbria Bell (New Town)

- 6 Brittany Lilijenquist (Griggs County Central)
- 7 Alyssa Anderson (Leeds)
- 8 Robyn Essler (Garrison)
- 9 Amy Letawsky (Carrington)
- 10 Kade Ross (Watford City)

Other teams receiving votes: Carrington

Class B Boys:

Teams

- 1 Rugby
- 2 New Town
- 3 Parshall
- 4 Grafton
- 5 North Star

Individuals

- 1 Alex Baker (New Town)
- 2 Ken Wells (Parshall)
- 3 Jon Price (Garrison)
- 4 Clyde Baker (New Town)
- 5 Erik Wangler (Rugby)

- 6 Adam Monson (Hatton/Northwood/Thompson)
- 7 Austin Smith (Grafton)
- 8 Bridger Belzer (North Star)
- 9 Garrett Thompson (Rugby)
- 10 Donovan Lambert (New Town)

Other teams receiving votes: Griggs County Central

Class A Girls:

Teams

- 1 Fargo Davies
- 2 West Fargo
- 3 Bismarck
- 4 Bismarck Century
- 5 Dickinson

Individuals

- 1 Brecca Wahlund (Minot)
- 2 Tarin Lachowitzer (Fargo Davies)
- 3 Jessica Lindsay (Grand Forks Central)
- 4 Allison Allmer (Jamestown)
- 5 Alex Backlund (Shanley/Oak Grove)

- 6 Whitney Schatz (Dickinson)
- 7 Alana Fischer (Bismarck)
- 8 Erin Valenti (Fargo Davies)
- 9 Christine Baltezore (West Fargo)
- 10 Melissa Uhrich (Bismarck Century)

Other teams receiving votes:

Class A Boys:

Teams

- 1 Bismarck
- 2 Bismarck Century
- 3 Williston
- 4 Grand Forks Central
- 5 Grand Forks Red River

Individuals

- 1 Jake Leingang (Bismarck)
- 2 Levi Sether (Bismarck Century)
- 3 Francis Mendee (Grand Forks Red River)
- 4 Shane Harlow (Grand Forks Central)
- 5 Lane Kasher (Bismarck)

- 6 Austin Todd (Bismarck)
- 7 Habimana Francois (Grand Forks Red River)
- 8 Brandon Scheel (Fargo Davies)
- 9 Nathan Donnelly (Williston)
- 10 Paul Shafer (Grand Forks Central)

Other teams receiving votes: West Fargo